



BYJW

CALM

Reset for a moment of serenity. Find your centre by slowing down time, so you're ready to take on whatever comes next.

INDULGE

You deserve the best. For all that you do, take time for some special nourishment. After all, life's simplest pleasures should not be forgotten.

INVIGORATE

Stress takes its toll. Embrace your own vitality by replacing what's been lost, enlivening your body and clarifying your mind.

RENEW

Unclutter your mind and body. Our busy lives often leave little room to focus on ourselves. Cleanse and purify to gain absolute clarity.

CALM

So much is expected of us — to be brilliant, be ready, be connected. Why not just be? We take the idea a step further, removing distractions and excess to create an environment of simple tranquility. Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.



CALM

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MASSAGE

STRESS RELIEF

Experience the subtle difference between being relaxed and being restored with this profoundly healing massage designed to dissolve stress and tension. (60 or 90 minutes)

ACHING FEET

This ancient Eastern application of pressure point massage on specific reflex zones of the feet and hands will improve circulation, ease pain and benefit all parts of the body. (60 minutes)

FACIAL

SOOTHING

Restore balance and radiance to the skin with the naturally healing blend of aromatherapy oils intended to alleviate redness and irritation. (60 minutes)

BODY

SUMMER SKIN COOLER

Powerfully soothing and re-hydrating for over-exposed skin, this treatment leaves the body nourished and cooled. (60 minutes)

EXPRESS TREATMENT

RELAXING SCALP MASSAGE

This soothing massage works to release tension in the head. The perfect remedy for headaches and stress relief. (30 minutes)

TENSE SHOULDERS

A massage targeting the neck and shoulder, to relieve discomfort in areas where stress and tension impact our bodies. (30 minutes)

INDULGE

Everyone deserves a moment of pampering, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.



INDULGE

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MASSAGE

ULTIMATE AROMATHERAPY MASSAGE

Reward yourself with a soothing head-to-toe aromatherapy massage. Tailored specifically to your needs, an aroma scent test determines which blend of essential oils will indulge your mind and body. (60 or 90 minutes)

HOT STONE

Enjoy the warmth and let the stress of your daily life melt away. A specialty massage that uses heated basalt stones as an extension of the therapist's hand and placed at specific sites to open up energy pathways. (90 minutes)

FACIAL

FIRMING & BRIGHTENING

Achieve nonsurgical facelift with microcurrent technology that noticeably lifts, firms and brightens the skin. (90 minutes)

ANTI- AGING

Recapture a youthful complexion through a precise combination of exceptional skin care, telomere technology, healing rose and plant stem cells proven to regenerate the skin. (90 minutes)

EYELIFT

Take the Anti-ageing facial to the next level with gentle microcurrents that lift and firm the eye while dynamic regenerating products reduce redness and dark circles. (15 minutes)

MEN'S FACE AND BODY REJUVENATION

Enjoy the luxury of two services in one. This treatment exfoliates and massages the back with rejuvenating oils and is partnered by a cleansing, relaxing and anti-aging facial. This is a perfect combination to quiet an active mind and de-stress aching muscles. (90 minutes)

EXPRESS TREATMENT

HYDRATING HANDS

Give your hands the love they deserve with an exquisitely moisturizing hand treatment that's long overdue. (30 minutes)

HYDRATING FOOT

A combination of rose, geranium and lavender work to help leave rough, dry feet and heels intensely nourished and smooth. (30 minutes)

INVIGORATE

The stresses of travel and everyday life all take a toll, making energy elusive. Replace what's been lost with treatments designed to focus on your body's less obvious engines and enliven every facet of your being.

At Spa by JW, find balance and energy on your way to a new vitality.



INVIGORATE

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MASSAGE

RE- ENERGISE

Feel newly energized with a restorative massage that brings tired muscles back to life. (60 or 90 minutes)

JET LAG CURE

Recover from the long journey with this profoundly curative massage that blends and integrates essential oils to revive the senses. (90 minutes)

FACIAL

RADIANCE

Stimulate cell renewal, deep hydration and softening for all skin types with aromatherapy ingredients that are expertly massaged into the skin. (90 minutes)

EYELIFT

Enhance the Radiance facial with gentle micro currents that lift and firm the eyes while revitalizing products reduce redness and dark circles. (15 minutes)

BODY

BODY POLISH

Rediscover your natural glow as the body is exfoliated with stimulating coffee and salts rich in minerals and trace elements. (60 minutes)

EXPRESS TREATMENTS

ENERGY BOOST MASSAGE

Feel refreshingly renewed with a scalp, neck back and arm massage. (30 minutes)

ACHING FEET

Respect these hard-working extremities with a refreshing and restorative massage that revives tired feet. (30 minutes)

RENEW

What was lost can now be found. Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from centre. Get back to the necessity of simply feeling good — about your body, your mind and your spirit. From massages to facials to total body treatments, emerge from a highly personalised treatment feeling refreshed and rejuvenated.



RENEW

RENEW

MASSAGE

FEEL REVIVED

Awaken tired muscles with a revitalizing massage that rejuvenates both mind and body leaving you naturally relaxed. (60 or 90 minutes)

INTENSE MUSCLE RELEASE

Enjoy a welcome sense of renewal for sore muscles from this intensely satisfying, powerful massage that reaches the deeper structures of the body. (60 minutes)

FACIAL

BRIGHTENING

Purify every pore with a perfect combination of aromatherapy skin care and a gentle microcurrent that penetrates deeply into the skin leaving it clean, clear and refreshingly renewed. (60 minutes)

DEEP CLEANSE

Bring your skin back to a natural balance with purifying cleanse that infuses aromatherapy ingredients like tea tree and lavender into every pore. (60 minutes)

EYELIFT

Enhance the Deep Cleanse facial with gentle microcurrents that lift and firm the eyes while regenerating products reduce redness and dark circles. (15 minutes)

FOR MEN

Achieve a clean and bright complexion full of health and vitality with this essential male facial that is deep cleansing and brightening. (60 minutes)

BODY

DETOX AND REVIVE

Complement the benefits of good diet and exercise with this detox treatment that stimulates the body's systems. (60 minutes)

EXPRESS TREATMENT

TENSION RELEASE MASSAGE

Take a moment to renew with this massage that targets tension spots in the back, neck and shoulders (30 minutes)

HEAVY LEG REVIVER

Specialized massage techniques ease swollen legs and ankles, leaving you feeling refreshed and energized. (30 minutes)

HOW TO SPA

SCHEDULING AN APPOINTMENT

To schedule an appointment for a treatment, please speak with our Spa specialist, who will be happy to help you with your selection. Hotel guests can dial the hotel operator and request the Spa by JW. From outside the hotel, please call +968 24920110. To ensure availability of your preferred time and service, we recommend making your reservation in advance.

SPA ETIQUETTE

In order to ensure all of our guests enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using a mobile device or pager. The Spa by JW is a smoke-free environment. Towels, slippers, shower cap and required amenities will be provided for use during your visit. The minimum age of 16 is required for access to the spa areas.

HEALTH CONDITIONS

When making your Spa by JW reservation, please advise us of any health conditions, allergies or injuries, which could affect your experience.

PREGNANCY

Please allow our Spa team to recommend suitable treatments for you during this special time.

CANCELLATION POLICY

A 50% cancellation fee will be incurred for any treatment cancelled less than 24 hours prior to appointment. Cancellation within 12 hours will be charged the full price of the service.



BY JW

JW MARRIOTT® MUSCAT

AL JAMAHALAKBAR STREET, MADINAT ALIRFAN, AIRPORT HEIGHTS
ADJACENT TO OMAN CONVENTION AND EXHIBITION CENTRE
P.O BOX 1700, 111 MUSCAT SULTANATE OF OMAN

TELEPHONE: 0096824920000