

shine SPA
SHERATON

Spa Treatment Menu



Massage Treatments

Shine Signature Hilot Massage

90 minutes | Php 5,000

120 minutes | Php 6,000

Traditional Filipino art of healing using virgin coconut oil, peppermint and lemon is the perfect blend to clear the mind, ease fatigue and relieve muscle tension. Unique hand movements and 360-degree stance results in revitalization.

Sheraton Stone Massage

90 minutes | Php 4,000

120 minutes | Php 5,000

Soothing massage that uses heated basalt stones to relax sore muscles and alleviate stress.

Voyagers Massage

60 minutes | Php 3,000

90 minutes | Php 4,000

This classic Swedish massage combines long kneading strokes and aromatherapy that will melt away muscle strains. Blended essential oils will result in a rejuvenating sleep.

Shine Lite

30 minutes | Php 2,000

A quick escape for an instant relief on the back, neck and shoulders.

Sports Massage

60 minutes | Php 3,000

90 minutes | Php 4,000

Full body massage with medium to firm hand and elbow pressure to heal the body's deep seated tensions. This is best to relax muscle aches and improve movements.

Facials

Shine Facial

60 minutes | Php 5,000

Redefining facial contouring and radiance, this exclusively formulated treatment features the latest in freeze-dried technology to deliver instant results and cumulative benefits. Ideal for any skin type showing signs of ageing and for instant repairing. Performance driven, the Lumafirm Lift and glow-in spa facial has diacetyl boldine that renders the skin ultra-luminous, and kombucha and sorghum for a firmer, tighter and younger defined appearance.

Myoxy Caviar and Pearl Facial

75 minutes | Php 6,000

This opulent anti-aging treatment lavishes your skin with pure caviar extract, pearl extract and a revolutionary blend of phyto-extracts - the most advanced defense against aging. Escutox improves elasticity, this luxurious mask increases skin oxygenation and suppleness. Promoting rejuvenation, it visibly resurfaces and dramatically reduces facial expression lines and wrinkles.

Gentlemen's Reenergizing Facial

60 minutes | Php 4,200

This treatment specifically targets clogged pores, sensitivity, and razor burns while promoting total relaxation. As a final step, a green apple and peach treatment mask is applied to refine the pores, soothe and condition the skin.

Papaya Hydrasoothe Facial

60 minutes | Php 3,200

An exfoliating cleansing that removes dirt and oil build-up from a daily active lifestyle. The face is then treated to a replenishing papaya mask with a natural blend of desensitizing and soothing ingredients including basil leaf extract and panthenol. An ideal post-sun exposure and post-sports treatment for a visibly repaired complexion. Recommended for all skin types.

Appetizer Facial

30 minutes | Php 2,000

Specially designed for people wanting to fit in a facial amidst a busy schedule. It gently buffs away impurities, deeply moisturizes and refines textures on the skin.

Body Treatments

Shine Body

75 minutes | Php 5,000

A spa exfoliating and wrap treatment unlike any other! Infused with pineapple and papaya, this treatment will remove dead skin cells and impurities while releasing negative ions to counteract damaging environmental pollutants and counteracts premature aging and sun damage by delivering wrinkle smoothing and rejuvenating benefits. The wrap is also enriched with crème fraiche natural butter, calcium, a high content of vitamin A, Pomegranate extract and other anti-aging ingredients such as, Collagen polypeptides (smoothing) and Elastin Polypeptides (firming).

Silky Skin Body Polish

45 minutes | Php 3,500

A rich, creamy textured skin refining body scrub to remove impurities and rough skin. Gentle and deep cleansing, using natural jojoba granules to activate the blood circulation without harming the fine capillaries, leaving the skin soft, silky and smooth.

Waterlily After Sun Soothing Body Wrap

60 minutes | Php 4,000

Provides the skin immediate relief from sunburn or sensitivity due to excessive sun exposure. This soothing wrap cools and desensitizes by combining Water Lily, Green Tea, and Chamomile. Promptly alleviating burning and stinging sensations, this treatment heals, desensitizes, and decreases skin temperature.

Marine Detox Body Wrap

60 minutes | Php 3,700

A high-performance marine body wrap rich in brown algae combined with a complete body massage to help eliminate toxins and cellulite, filters tissues and boost the breakdown of excess fat from problem areas. The skin is left cleansed, refreshed with improved metabolism.

Hands & Feet

Shine Hand Treatment

30 minutes | Php 1,500

Keeping the hands from revealing signs of uneven skin tone and hyper-pigmentation by visibly improving their appearance. This treatment begins with a gentle exfoliation to remove accumulated impurities and dead cells, and followed by a lightening mask. As a final touch, the therapist will give a hydrating veil replenishing massage.

Shine Feet Treatment

30 minutes | Php 2,000

Highly fragile and often neglected, feet can quickly reveal aging signs. This specialized care counteracts aging, dryness and environmental damage by incorporating a proven-effective anti-aging system that deodorizes, softens, smoothes and visibly rejuvenates.

Note: This does not include nail painting

Packages

Shine Ritual

180 minutes | Php 9,000

An absolute head to toe ritual beginning with full body exfoliation that helps remove dead skin cells to counteract premature aging. Followed by our Signature Shine Facial that features the latest freeze-dried technology delivering instant results in reducing visible signs of aging. The relaxing journey ends with a foot massage for a complete soul revitalization.

Inclusion: Shine Body, Shine Facial, Head and Shoulder Massage, Foot Massage

Shine Romantic Getaway

120 minutes | Php 10,500

A romantic and private getaway made for two. Couples get to enjoy a private spa suite with Jacuzzi. Starts with a full body massage using special aromatherapy oils infused with cedar wood and lavender for a good sleep and deep relaxation. It also includes hydrating facial treatments.

Inclusion: Voyagers Massage for two, Gentleman's Reneenergizing Facial, Papaya Hydrasoothe Facial

Ultimate Detox Glow

120 minutes | Php 5,500

A detoxifying body treatment with two-step full body scrub and wrap. With benefits like body cleansing, reducing water retention, blood circulation booster, and excess fat breakdown, it is the ultimate refreshing experience for the body.

Inclusion: Silky Skin Body Scrub, Marine Detox Body Wrap, Papaya Hydraboost Facial

Shine Reviver

90 minutes | Php 6,200

Intensive nourishment designed to repair dry skin from harsh sun exposure. The body wrap will heal and decrease skin temperature for a refreshed and moisturized skin.

Inclusion: Phyto Aromatic Mist Spray, Waterlily Body Wrap, Lumafirm Lift and Glow Eye Contour Treatment, Voyagers Massage

Reservations

Schedule your appointments in advance to ensure your preferred treatment and therapist are available. Bookings are made 24 hours in advance of the treatment day of service and walk-in appointments are always welcome, based upon availability. All reservations must be secured with a contact number and major credit card.

Cancellation Policy

4 hours notice is required for changes or cancellations. Arriving late for a service may require us to shorten the length of your treatment, with full charges applied.

Gift Certificates

Shine Spa gift certificates are available for purchase at the spa reception. Our gift certificates are the perfect way to celebrate any occasion, with individual treatments, bridal packages or predetermined denominations offered. Claiming of gift certificate is within 2 - 3 working days upon purchase.

Prior to the Service

Experience the therapeutic benefits of steam, hydrotub and jacuzzi prior to your personal treatment. We suggest arriving 15 minutes in advance of your treatment. Please turn off your mobile phone before entering the spa, locker room and fitness center areas.

Prior to the start of your treatments, please tell your therapist the areas you would like to focus on and any areas to be avoided. During your service, please do not hesitate to tell the therapist if you feel any discomfort.

Smoking

Smoking in the spa is not permitted.

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