



STROLL IN, STRUT OUT

COME AS YOU ARE FOR
WHATEVER YOU NEED

DETOX



DETOX
TREATMENTS

DETOX. RETOX. REPEAT.

DETOX MASSAGE

Detox and recoup with energizing techniques and a rich blend of oils designed to stimulate metabolism and eliminate toxins.

50 / 80 minutes

DETOX BODY

Purify inside out with a full body AHA peel and wrap. This systemic detox drains tissues and boosts the body's natural detoxification systems.

50 minutes

DETOX FACIAL

Detox the skin from pollution and treat impurities and imperfections with this deep cleansing treatment suited to all skin types. Performed with / skin regimen / products.

50 minutes

**SWEAT OUT
THE NIGHT
BEFORE SO
YOU'RE READY
TO DO IT ALL
OVER AGAIN**



MASSAGE

WORK OUT THE KINKS

GO DEEP

Boost energy and banish tension - designed to target deeper muscle layers and release tension.

50 / 80 minutes

DE-STRESS

Revive tired muscles and reduce brain fog with head-clearing oils, moderate pressure and tension-releasing techniques.

50 / 80 minutes

RESET

Relax and recover using moderate to light pressure designed to lower brain waves, promote the release of toxins, better sleep and help gently unknot muscles.

50 / 80 minutes

DETOX

Detox and recoup with energizing techniques and a rich blend of oils designed to stimulate metabolism and eliminate toxins.

50 / 80 minutes

ENHANCEMENTS

MELT

Melt away tension with the warmth of volcanic hot stones, the perfect addition to any massage.

REVITALIZE

Revitalize and soften hands or feet with an exfoliation that improves hydration, brightness and suppleness.

SCALP TREATMENT

Invigorating and soothing treatment that leaves the scalp softened and supple with gentle massage.



FACE

GET CAMERA READY

DAILY

The antidote to modern fatigue and an urban lifestyle, bring energy back to the skin counteracting the effects of stress, pollution and lifestyle aging. Customizable for all skin types.

Performed with / skin regimen / products.

50 minutes

PRESCRIPTION

Inside and outside recovery. Fully customized to whatever your skin needs most; hydration, deep cleansing, age protection or treat sensitivity.

Performed with [comfort zone] products.

50 minutes

REWIND

Plump, lift, firm and restore your skin, soften lines, improve luminosity and vibrancy. Includes a double peel followed by a lifting mask for immediate results.

Performed with [comfort zone] products.

80 minutes

DETOX

Detox the skin from pollution and treat impurities and imperfections with this deep cleansing treatment suited to all skin types.

Performed with / skin regimen / products.

50 minutes

ENHANCEMENTS

EYE RECOVERY

Triple action eye mask targeting dark circles, puffiness and wrinkles that can be added to any treatment.

GLOW PEEL

Boost brightness, smoothness and luminosity with this active peel that can be added to the Prescription Facial.

LIP SCRUB

Locally produced Franklin & Whitman scrub leaves your lips supple and glowing with all-natural ingredients.

GUA SHA

Restorative rose quartz stones encourage lymphatic drainage which detoxes the skin and tones facial contours.



BUFFED AND POLISHED FROM THE OUTSIDE IN

QUENCH

Restore moisture balance revealing perfect tone and exceptional elasticity with this soft and creamy body mask. Ideal post sun exposure, and for dull and bumpy skin.

50 minutes

DETOX

Purify inside out with a full body AHA peel and wrap. This systemic detox drains tissues and boosts the body's natural detoxification systems.

50 minutes

SCULPT

Remineralize, remodel and re-firm – an intensive innovative body mask to reoxygenate after sports and aid toxin elimination.

50 minutes

GLOW

Full body polishing and hydrating treatment to boost your natural glow.

30 minutes

ENHANCEMENTS

BELLY SERUM

Franklin & Whitman custom blend of all-natural oils hydrates, nourishes and rejuvenates skin pre- and post-natal.

SCALP TREATMENT

Invigorating and soothing treatment that leaves the scalp softened and supple with gentle massage.

MORE MASSAGE

Add more massage; ask about adding 30 minutes of additional time.



MANI AND PEDI

POLISH UP

Take a pit stop for an express shape, tidy up and polish to the hands or feet.

20 minutes

MANI ESSENTIALS

Hand and nail maintenance essentials including cuticle work, nail shape, polish and hydrating cream.

25 minutes

LUX MANI

Brighter and smoother with this total hand overhaul. Includes all your essentials plus a luminizing hand peel, toning mask, and perfect polish or buff.

50 minutes

PEDI ESSENTIALS

An all-encompassing pedicure including hydrating foot soak, cuticle work, nail shape and polish.

50 minutes

LUX PEDI

Revitalize partied out fatigued feet. Including a complete pedicure, foot peel, hydrating foot mask and reviving foot massage.

80 minutes

GEL POLISH

Add a glossy gel polish to complete any mani or pedi service.

15 minutes

ENHANCEMENTS

FRENCH POLISH

15 minutes

GEL REMOVAL

15 minutes

SPA

**EVERYTHING
YOU NEED TO
GO LONGER AND
STAY LATER**

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