



## A TOUCH OF RENEWAL

'Sakura' in Japanese translates to 'cherry blossom' which is a metaphor for life encompassed by Yin and Yang, the symbols of balance and harmony. Cherry blossoms are a symbolic flower of the spring, a time of renewal, and the fleeting nature of life.

As you walk into our Sakura Spa, feel the stress and the weight fall off your shoulders as we prepare you for a treatment that will send you to a place of pure relaxation.

If you are feeling jet-lagged, hitting the town or simply looking to deservedly pamper yourself then let our experienced therapists rejuvenate you with treatments from our carefully designed menu.

We only use the highest quality products to achieve the best results for you.

## BODY WRAP

45 Minutes

This spa ritual begins with an invigorating body scrub to exfoliate dead skin cells. The all natural floral or marine extract rich purifying mask is then applied to the whole body to ensure that the skin is soothed and rebalanced. It has antiseptic skin toning and nourishing properties and is highly recommended for a full body enhancement.

Choose from:

Clarifying Body Wrap  
-Red Rice, Olive & Bamboo Milk

Firming Body Wrap  
-Mimosa

## SKIN POLISH

30 Minutes

A relaxing all-over exfoliation using natural plant and flower extracts. This therapy removes the dead skin cells, stimulates blood circulation and oxygenates the skin. As a final touch, the skin is hydrated and nourished with a fragrant body balm, leaving you feeling silky smooth and refreshed. We recommend skin refinements once every fortnight as a maintenance ritual to retain the health of the skin, more so because of the pollution in this vibrant city.

Choose from :

Detoxifying Body Scrub  
-Neroli, Honey & Lemon Zest

Nourishing Body Scrub  
-Chocolate Cream

## BODYWORK

60 Minutes / 90 Minutes

To commence your journey within our spa, each treatment begins with an offering of a cool, caffeine-free beverage which is followed with a relaxing foot wash ritual to symbolically cleanse stress away. Manipulation of trigger points on the head and neck is administered to effectively relieve tension and ease you into relaxation and healing.

We complete the experience with a hot beverage, and positive affirmation leaving you with a unique feeling of well-being.

### SAKURA SIGNATURE MASSAGE

An intensive massage with Cherry Blossom Oil that reduces stress and induces relaxation of the body and mind. Handpicked Cherry Blossom flowers, are cold pressed to create the sweet delicate fragrance.

### Deep Tissue

Deep tissue therapy targets deeper muscles by changing techniques, effective way to release muscle pain.

### Aroma Therapy

A gentle massage that works on the sense of touch to promote relaxation & ease tension.

### Jet Lag Massage

A relaxing treatment after a hectic travel to get you back on track when you are feeling fuzzy, tired and sluggish.

### Swedish Massage

A treatment that helps you feel energetic by increasing the flow of nutrient-rich oxygen to the muscles in your body.

### Traditional Thai Therapy

Full body acupressure to stretch, soothe & soften your muscles for energy flow & blood circulation.

### Balinese massage

It uses a combination of gentle stretches, acupressure, reflexology, and aromatherapy to stimulate the flow of blood, oxygen and "qi" (energy) around your body, and bring a sense of wellbeing, calm and deep relaxation.

## FACIAL TREATMENTS

Aroma Therapy Facial  
(Basic purity all skin type)  
30 Minutes

After a relaxing welcome massage and a cleansing ritual adapted to your skin type, an intense exfoliation to smooth the skin and allow optimum penetration of the active ingredients is carried out. The cleansing ritual will leave your skin feeling refreshed, relaxed and glowing.

Deep Cleansing  
(Hydra radiance de-hydrated skin type)  
60 Minutes

A moisture boosting delight for all skin types but particularly for a dehydrated skin. In this ritual, your skin is gently cleansed and exfoliated.  
A deeply hydrating serum is applied after which a moisturizing mask delivers intense and lasting hydration. The treatment leaves the skin rehydrated, its texture improved and the complexion smooth, plump and radiant.

## EXPRESS TREATMENTS

Foot Reflexology  
Head Massage  
Express Facial  
Milk Bath  
Face Massage  
Hand Massage  
Back Massage

Absolute Multi-soothing Facial  
(Dry & sensitive skin type)  
60 Minutes

A soothing facial with a concentrate rich in algae extracts and replenishing oils, gently infused into the skin. After which a mask application bathes the skin in pure nourishment for even the most sensitive of skins. The treatment finishes with an application of nourishing, soothing cream to soften, soothe and restore comfort to dry, very dry and sensitive skins.

Anti-oxidant Facial  
(Brightening rejuvenating facial dark spots and pigmented skin)  
75 Minutes

A routine that refines skin imperfections and pores, reduces pigmentation marks and age spots. This works towards enhancing skin clarity, and results in a perfectly clear complexion leaving your skin super soft, illuminated and younger looking.

## SPA PACKAGES

Mesmerizing Therapy  
(Aroma Therapy + Basic Purity)  
2.00hrs

Sakura Signature Spa  
(Body Scrub + Body Wrap + Swedish  
Massage + Basic Purity + Milk Bath)  
3.5hrs

Jet Lag Package  
(Massage for 60 minutes +  
Body Scrub for 30 minutes)  
1.30hrs

Mesmerizing Couple Spa Therapy  
(Aroma Therapy + Facial Massage)  
120 Minutes

## SPA YEARLY PACKAGE

60 minutes/session  
24 Deep Tissue / Aroma Massages in a year.

## SPA HALF YEARLY PACKAGE

60 minutes/session  
12 Deep Tissue / Aroma Massages in 6 months

## BODY WRAP

Clarifying Body Wrap  
45 Mins / INR 3000+ Taxes

Firming Body  
45 Mins / INR 3000+ Taxes

## SKIN POLISH

Detoxifying Body Scrub  
30 Mins / INR 3000+ Taxes

Nourishing Body Scrub  
30 Mins / INR 3000+ Taxes

## BODY WORK

Sakura Signature Massage  
90 mins / INR 5999+Taxes

Traditional Thai Therapy  
60 Mins / INR 3499+Taxes  
90 Mins / INR 4599+Taxes

Deep Tissue  
60 Mins / INR 4499+Taxes  
90 Mins / INR 5499+Taxes

Aroma Therapy  
60 Mins / INR 3499+Taxes  
90 Mins / INR 4499+Taxes

Jet Lag Massage  
60 Mins / INR 3499+Taxes  
90 Mins / INR 4499+Taxes

Swedish Massage  
60 Mins / INR 3499+Taxes  
90 Mins / INR 4499+Taxes

Balinese Massage  
60 Mins / INR 3499+Taxes  
90 Mins / INR 4499+Taxes

## EXPRESS TREATMENTS

Foot Reflexology  
30 mins / INR 1900+Taxes

Head Massage  
30 mins / INR 1900+Taxes

Express Facial  
30 mins / INR 2500+Taxes

Milk Bath  
30 mins / INR 1900+Taxes

Face Massage  
30 mins / INR 1900+Taxes

Hand Massage  
30 mins / INR 1900+Taxes

Back Massage  
30 mins / INR 1900+Taxes

## FACIAL TREATMENTS

Aroma Therapy Facial  
(Basic purity all skin type)  
30 mins / INR 2500+Taxes

Deep Cleansing  
(Hydra radiance de-hydrated  
skin type)  
60 minutes / INR 3999+Taxes

Absolute Multi-soothing Facial  
(Dry & sensitive skin type)  
60 mins / INR 3999+Taxes

Anti-oxidant Facial  
(Brightening rejuvenating facial  
dark spots and pigmented skin)  
75 mins / INR 4500+Taxes

## SPA PACKAGES

Mesmerizing Therapy  
2.00hrs / INR 4999+Taxes

Sakura Signature Spa  
3.50hrs / INR 11,000+Taxes

Jet Lag Package  
1.30hrs / INR 5499+Taxes

Mesmerizing Couple Spa Therapy  
120 mins / INR 11999+Taxes

SPA YEARLY PACKAGE  
For single INR 75000+Taxes  
60 mins per session / 24 massages

SPA HALF YEARLY PACKAGE  
For single INR 38000+Taxes  
60 mins per session / 12 Massages

## SPA ETIQUETTE

Your personal needs are important to us. We kindly request at the time of reservation that you inform our spa staff of any special needs or specific medical conditions such as pregnancy or product sensitivity.

## AGE RESTRICTION

Spa guests must be at least 16 years of age to be able to use the spa facilities.

## RESERVATIONS

We encourage guests to schedule spa appointments in advance to ensure treatment and technician preferences are available. Same day reservations and walk-in appointments are always welcome, based upon availability.

## CANCELLATION POLICY

We value your business and appreciate your co-operation with the spa cancellation policy. Should you wish to cancel or reschedule your spa appointment, kindly provide us 3 hours notice. If you are unable to let us know in advance, a 50% cancellation fee will be applied.

## LATE ARRIVAL

Arriving late for a scheduled spa treatment may require the spa to abbreviate the service duration, with full charges applied, so as not to inconvenience other guests.

## ARRIVAL AND CHECK-IN PROCEDURES

For all massage, body, and facial services we require that you arrive at least 30 minutes prior to your scheduled appointment time. This will allow you ample time to be acquainted with our spa as well as to enjoy facilities such as the steam room and Jacuzzi.

## ATTIRE

Guests will be provided with disposable undergarments. You are required to wear the same.

Our therapists will always use draping techniques to respect your privacy.

## MOBILE PHONE USAGE

For the courtesy of all guests, we kindly request that all calls are concluded and cellular devices are on silent mode prior to entering the locker room and treatment areas.

## QUERIES & CHOICES

Our spa team is always on hand to discuss our range of treatments with you as per your requirements. Please notify a member of our spa team prior to your treatment.

It is extremely important to advise us if you are pregnant or suffer from high blood pressure or any skin allergies. We advise against eating a heavy meal before your treatment. A light snack is appropriate if you are hungry. We strongly advise against the intake of alcohol before any spa treatment.



**MARRIOTT  
SUITES PUNE**

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