



WESTIN
HOTELS & RESORTS

BREAKS

FUEL ACTIVE IDEATION

At The Westin Anaheim Resort, we believe that feeling good starts with getting the nourishment that is right for you. That's why we aim to provide nutritious options that contribute to your overall well-being. We ensure that our dishes are sourced responsibly, crafted flexibly and created thoughtfully just for you and your attendees.

The Westin Anaheim Resort

1030 West Katella Avenue, Anaheim, CA, USA

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westinanaheim.com

Breaks

BLOSSOM'S 16

Coffee cake

Chocolate espresso brownies with caramel and sea salt

Espresso and chocolate ganache cheesecake bombs

CHOCOLATE 16

Chocolate-chocolate chip cookies

Chocolate dipped strawberries and apples

House-made chocolate bark with sun dried strawberries and

Marcona almonds

NUTS 14

Macadamia nut brittle

Roasted almonds

Salted pistachios

Furikake crusted cashews

DONUTS 18

Chocolate glazed with macadamia nuts

Passion fruit raspberry

Pineapple coconut

Maple-bacon and ube glazed donuts

BEVERAGE STATION

ALL DAY 55 PER PERSON (up to 8 hours of service)

HALF DAY 30 PER PERSON (up to 4 hours of service)

- Freshly brewed micro-roasted Starbucks® coffee, decaffeinated coffee and assorted teas
- Assorted Pepsi® brand soft drinks
- Bottled water and mineral water

COOKIES AND MILK 18

Chocolate chunk with pretzel

Lemon-blueberry cookies

Salted caramel crunch cookies

Chocolate Mexican wedding cookies

Whole milk, 2% milk and almond milk

HEALTHY 20

Edamame hummus and traditional garlic hummus

served with pita chips

Fresh vegetable crudité platter

Seasonal fresh fruit salad

ANGEL STADIUM 20

Salted peanuts in the shell

Butter popcorn

Mini corn dogs with mustard

Warm pretzels

All prices are per person unless listed otherwise and are based on 30 minutes of continuous service. A minimum of 25 guests are required. For parties under 25 guests an additional charge of \$4 per guest will apply. Prices are exclusive of a 18% service charge and 7.75% sales tax.

Consuming raw or undercooked meat, fish, shellfish or eggs may increase your risk of food-borne illnesses. Vegetarian, vegan, and gluten-free options available. * Requires Chef Attendant (\$200 fee per 100 guests)

Break Enhancements

The following a la carte options may be added to any existing menu.

FROM THE BAKERY 60 PER DOZEN

Freshly baked assortment of breakfast pastries

(minimum one dozen each)

PETITE CUPCAKES 60 PER DOZEN

Choice of red velvet, lemon buttercream, peanut butter, ultimate chocolate chip, pineapple coconut carrot

(minimum one dozen each)

MAKE YOUR OWN AÇAÍ 12

Coconut flakes, bananas, blueberries, strawberries, house-made granola, dark chocolate flakes, peanut butter and honey

MAKE YOUR OWN TRAIL MIX 10

Assorted nuts, dried cranberries, raisins, sesame seeds, sunflower seeds, pumpkin seeds, dark chocolate flakes and coconut flakes

HUMMUS DISPLAY 14

Traditional hummus, sweet potato hummus, and edamame hummus served with pita, whole grain quinoa chips and carrot sticks

HOUSE-MADE CHIPS 9

with red and green salsa

HOUSE-MADE CHOCOLATE BROWNIES 60 PER DOZEN

HOUSE-MADE COOKIES 60 PER DOZEN

SLICED SEASONAL FRUITS AND BERRIES 9

SEASONAL WHOLE FRUIT 36 DOZEN

ASSORTED GRANOLA BARS 4 EACH

KASHI®, CLIFF® AND KIND® BARS 6 EACH

INDIVIDUAL ASSORTED FRUIT YOGURT 5 EACH

INDIVIDUAL BAGS OF CHIPS 5 EACH

NEW YORK STYLE PRETZELS 96 PER DOZEN

INDIVIDUAL YOGURT PARFAIT 7 EACH

Greek yogurt, granola, berries and raspberry coulis

(minimum one dozen)

All prices are per person unless listed otherwise. Enhancements may only be applied to an existing menu for a minimum of 25% of the group. Prices are exclusive of a 18% service charge and 7.75% sales tax.

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Beverages

Refreshing options to complement your food selections.

STARBUCKS® COFFEE OR ASSORTED TEAS 98 PER GALLON

Micro-roasted Starbucks® Coffee or Decaffeinated Coffee

STARBUCKS® FRAPPUCCINO OR COLD BREW 7 EACH

ORANGE, CRANBERRY, APPLE OR V-8® TOMATO JUICE

60 PER GALLON

LEMONADE, HORCHATA, WATERMELON AND JAMAICA 70

PER GALLON

SEASONAL INFUSION SMOOTHIES AND JUICES 8

Choice of two:

Chocolate tahini shake

PB & banana smoothie

Mango, cilantro & spinach smoothie

Chai cashew shake

Lavender honey lemonade

Melon turmeric juice

Spinach cucumber juice

ASSORTED PEPSI® PRODUCTS SOFT DRINKS 5 EACH

INDIVIDUAL ASSORTED MILK 4 EACH

ASSORTED BOTTLED FRUIT JUICE 6 EACH

NAKED® JUICE 7 EACH

COCONUT WATER 6 EACH

PURE LEAF® TEAHOUSE ICED TEAS COLLECTION 6 EACH

ICED TEA 60 PER GALLON

IZZE FUSIONS® 6 EACH

KEVITA® MASTER BREW KOMBUCHA 7 EACH

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Bright Breaks

Westin's signature break program featuring energizing activities, nourishing beverages and beneficial snacks that help attendees perform at their best before, during and after meetings.



ENERGIZE + MOTIVATE

Fuel up and stay engaged with these satisfying, energy-rich foods, handpicked to help attendees power through the day.

E + M BREAK 18

Cranberry quinoa muffins

Edamame individual bowls

**Milk and dark chocolate covered
apple wedges**

**Sweet potato and coconut milk
smoothie shots**

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FOCUS + CONCENTRATE

Keep minds clear and sharp with these focus-enhancing foods known to improve cognitive function and memory for maximum concentration.

INSPIRE + ACTIVATE

Spark curiosity and creativity with these right brain-boosting foods, selected to inspire ideation and spark "out of the box" thinking.

REST + RECUPERATE

Recharge after a productive day with these recovery boosters, chosen for their ability to calm, restore and promote restful sleep.

F + C BREAK 18

Blueberry bran muffins and banana oatmeal muffins

Make your own trail mix

Assorted nuts, dried cranberries, raisins, sesame seeds, sunflower seeds, pumpkin seeds, dark chocolate flakes and coconut flakes

Raw beet, apple and ginger

smoothies

Iced matcha green tea latte shots

I + A BREAK 20

Multigrain open-faced salmon

avocado toast

White truffle parmesan, spicy lime,

butter flavored popcorn

Dark chocolate covered almonds

and candied walnuts

Iced green tea with honey and mint

R + R BREAK 22

California grapefruit, blood

oranges, tangerines fruit salad

with rosemary infused agave

Deconstructed turkey breast

sandwich kebab

Emmental cheese, cherry tomato, romaine lettuce and cube baguette

served with avocado aioli

Chamomile lavender smoothie

shots

ENHANCEMENT

Half bottle of wine 14 EACH

Domestic or local beer 8 EACH

ENHANCEMENT

Westin signature lavender oil

3 EACH

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THE JUICERY 16

Choice of two freshly made juices and smoothies:

Chocolate tahini shake

PB & banana smoothie

Mango, cilantro & spinach smoothie

Chai cashew shake

Lavender honey lemonade

Melon turmeric juice

Spinach cucumber juice

Kevita® Master Brew Kombucha

O.N.E™ Coconut Water

Pure Leaf® Teahouse Collection

Izze Fusions®

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Activities

At Westin, we're committed to fueling active ideation before, during and after meetings. Our Bright Breaks offer attendees meaningful opportunities to refresh and recharge, whether with an energizing activity or beneficial snack.

GUIDED MEDITATION AND STRETCHING 20

- Wellness expert will lead the group in a guided meditation session to assist the attendee in achieving a calm and peaceful state
- Followed by gentle stretching and balancing exercises to melt the stress away
- Sessions are 15 to 20 minutes in length and are recommended between meetings or during lunch break.

MORNING EXERCISE 35

- Specialized instructor will provide a 30-minute workout sessions
- Sessions offered: Ujam, Zumba, Yoga and/or Pilates
- Includes fruit-infused water
- Sessions can be offered before the morning meeting, after lunch or at the conclusion of the day

10,000 STEP CHALLENGE 45

- Our fitness professional will meet with the group during the first day of general session and explain the benefits of walking and the rules of the game
- A pedometer will be given to each attendee with a goal of 10,000 steps a day
- Our fitness professional will then tally the results of each attendee at the end of the program and establish a winner.
- Package includes:
 - Our fitness professional to introduce and close program
 - Custom pedometer with company logo (9 color options)
 - Two (2) night stay gift certificate for winner

EXPLORE ANAHEIM FROM 55

- Hiking tours in Orange County
- Hiking professional will lead the group in a hiking tour of your choice
- Customizable hiking tours from easy to moderate trails, as well as the time and length of the hike
- Locations all around Orange County
- Includes transportation to and from trail

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Resource Management Programs

WHAT WE'RE DOING

- Paperless guest room check-in through Bonvoy app
- Linenless tables
- Clutter-free stations
- Surplus supplies donated to local charities by our Chef
- Recycling and responsible food waste management

FOR YOUR CONSIDERATION

Bottleless program: reusable water bottles with Westin logo or group's logo, supplied at registration for attendees to utilize during the program and refill at water stations (charges apply)

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[marriott.com/snawa](https://www.marriott.com/snawa)

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