A top-down photograph of spa ingredients. In the upper right, a branch of olive leaves rests on a light-colored, textured fabric. Below it, a small wooden bowl is filled with white, chunky sea salt. To the right of the salt, a white ceramic bowl contains a golden-yellow liquid, likely olive oil. In the lower right corner, a sprig of lavender with small purple flowers is visible. The background is a light, neutral-toned surface.

The Spa & Salon at **THE WESTIN** SARASOTA

**A reflection of our commitment to wellness,
renewal and serenity**

The spa is a place to recover and rejuvenate and come out feeling renewed. We want you to leave the spa not only feeling better, but having a fresh outlook on life, with new insights and a sense of clarity about where you are going, what you wish to accomplish and what you value.



Healthy
Skin Care

Healthy Skin Care

Signature “Age Well”

Skin Luxury! This potent vitamin C treatment is perfect for those looking to restore firm beautiful skin. Designed with products rich in peptides and collagen, this relaxing facial is our very best and suitable for most skin types with no down time.

200

Quench & Glow

Breathe new life into your thirsty skin and get that beautiful glow with our deeply hydrating facial. Softens fine lines and wrinkles while restoring your skins radiance.

150

Deluxe Detox

The perfect way to recover from daily pollutants, free-radicals and blue light damage. This facial incorporates a honey tri-zyme peel combined with a Detox mask to ensure your skin functions optimally by clearing away build up. It is deeply purifying, repairing and replenishing.

150

Westin Fresh Face

The perfect deep cleansing, customized facial matched to your skin type and condition. This gentle yet effective treatment includes exfoliation, masking, extractions and massage. Included, a customized cleanser and toner to maintain your beautiful results.

125

Waxing services available with facial appointments





Well Being
Massage

Well Being Massage

Signature “Be Well”

Rise and be well with our therapeutic blend of bodywork using medium pressure and relaxing massage techniques. This experience will reawaken your soul and enhance your well-being as we pamper you with customized essential oils and muscle melting heated stones. This total body massage will leave you feeling balanced and restored.

50 minutes, 175 | 100 minutes, 325

Move Well

This massage is designed to release tension and stress while providing therapeutic benefits. Your therapist will focus on your areas of concern with firm pressure that will stimulate circulation and soothe tight muscles. Designed to ensure that you leave feeling better than when you arrived!

50 minutes, 150 | 100 minutes, 275

Sleep Well

At the heart of feeling well is deep, restful sleep. This service will introduce you to better sleeping habits to bring your body into a totally relaxed state. Enjoy a soothing, full body aromatic massage with a take home kit that will enhance your sleep anywhere.

50 minutes, 150 | 100 minutes, 275

Look Good, Feel Great

Enjoy a relaxing full body massage that includes a full face mask that hydrates and refreshes your look.

Our professional grade mask and serum will be applied using a gemstone roller that increases circulation, decreases puffiness and rejuvenates the skin. Leave the spa looking good and feeling great!

50 minutes, 150 | 100 minutes, 275

Relaxing Swedish

Nurturing and healing, this light pressure massage is the perfect way to totally relax. Slip away for an hour and feel like you spent the day, you deserve it.

50 minutes, 125 | 100 minutes, 225



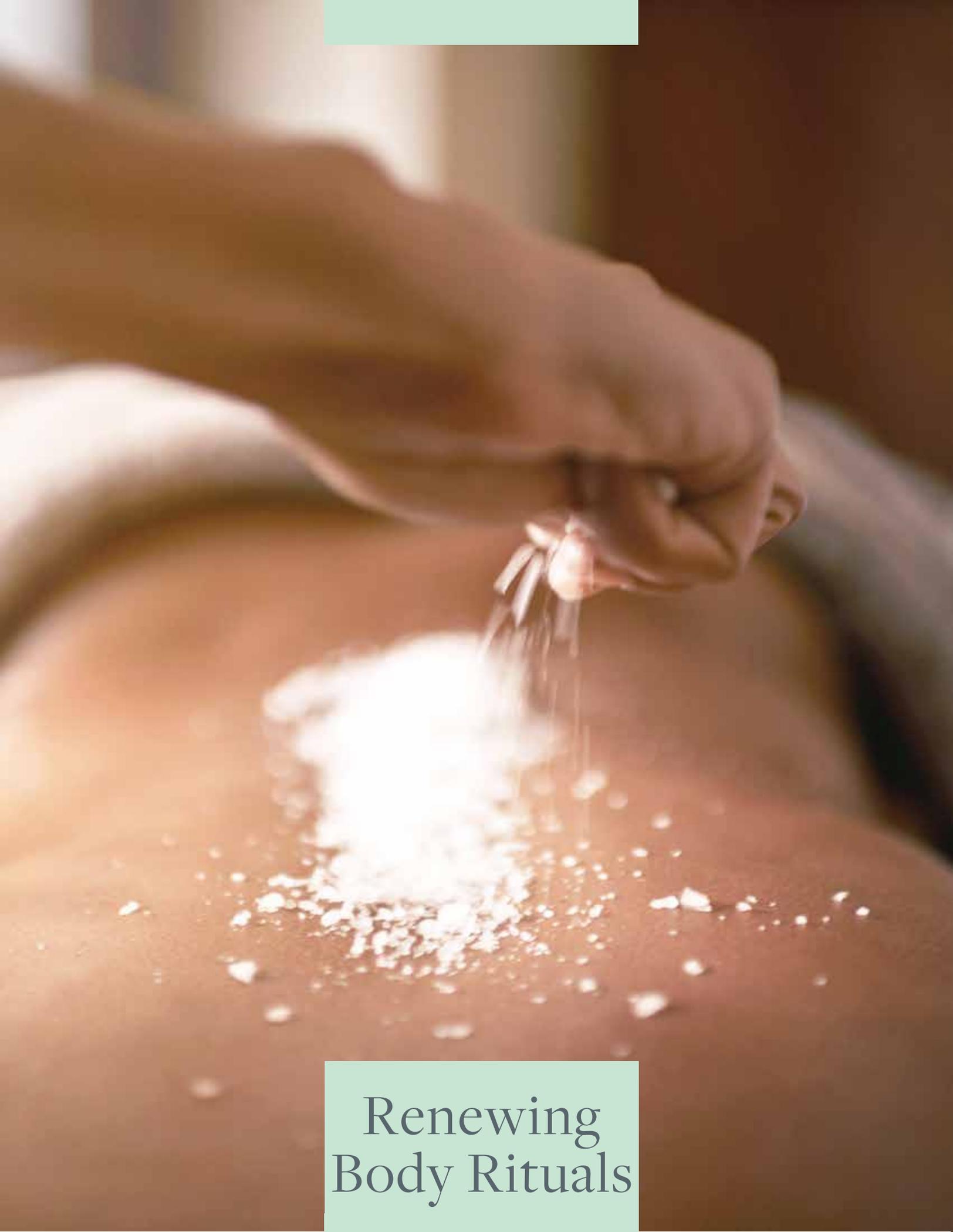


Couples Renewal

Reconnect with your partner. “We set the mood by lighting an organic candle infused with softly stimulating ginger and coconut wax that is incorporated into your Swedish massage strokes as you lie side by side. The harmonious honey fragrance promotes the balance between body and mind. Complete your treatment with champagne service in our relaxation area afterwards. The perfect way to share some uninterrupted time together.

50 minutes, 300 | 100 minutes, 575





Renewing
Body Rituals

Renewing Body Rituals

Signature “Westin Wellness Journey”

For a “Better You”, this restorative treatment includes a full body scrub that will leave your skin feeling soft and velvety smooth. Followed by a deeply relaxing massage incorporating warm stones and essential oils all performed atop our healing Amethyst Crystal Bio Mat which delivers infrared technology and negative ions.

Select this extended experience for the ultimate in relaxation.

275

Feel Well

Revive your body with this silky smooth experience. Inspired by the sea, we use mineral-rich algae and Tahitian black sand to reveal glowing, youthful skin. This active, invigorating body scrub fights gravity while lifting and tightening with our multi-performance peptides. All this followed by a nourishing massage with our cocktail of hydration and body tightening peptides. Finish with our Argan oil scalp massage. Energizing, Instinctive and

Personal.

250

Let’s Rise

In the spirit of renewal, this treatment takes its inspiration from nature, inducing vitality and energy. Our harmonizing treatment begins with a full body dry brushing to increase circulation, detox and exfoliate. To boost the immune system and create a deep relaxation state we melt a natural Bees Wax Honey Pad on the back and hydrate the entire body with our honey ginger relaxing massage. A hydrating full face mask will be applied with a gemstone roller increasing absorption of precious serums. Let us help you overcome life’s obstacles by enhancing your well-being.

250





Personal Nail Care

Personal Nail Care

Westin Signature

Give your hands and feet the attention they deserve in our private nail area where attention to sanitation is our priority. Your hands and feet will enjoy detailed exfoliation, callus elimination and rehydration. We include an aromatherapy experience with our paraffin treatment and a luxurious massage. Indulge in a glass of bubbly while you drift away in privacy.

Manicure 55

Pedicure 75

Essentials

Revive your nails with our essential services that include aromatic soaks, professional nail grooming, special attention to cuticles and deeply hydrating moisturizers. Choose one of our long lasting polishes for impeccable and timeless nails.

Manicure 35

Pedicure 55



Exclusively
Selected
Enhancements



Enhancements

Elevate your experience with our exclusive enhancements. Most do not require additional time so feel free to choose as many as you desire.

Aromatherapy

Essential oils to promote relaxation and well being

25

Amethyst Crystal Bio Mat

This treatment delivers Infrared technology and negative ions. Removes bodily toxins, eases joint pain, reduces stress.

45

Healthy Scalp Treatment

Rebalance your scalp and hair with luxurious argan oil.

25

Full Face Mask Treatment

Application includes use of a Gemstone Roller for instant results

35

Nu Face

Instant face lift with professional grade micro-current.

25

Specialty Scrub for Hands or Feet

Soften and rejuvenate with a hand or foot scrub. Leave with your skin feeling silky smooth. Enjoy both for

15 each or both for 25

Targeted Treatment

Slow firm pressure to release muscle tension

25



Available for a limited time only :

Best Foot Forward

Warm, softening foot and heel mask.

15

Perfect Ten

Warm hand and cuticle mask.

15

Book both enhancements for only 25 while supplies last!

Revitalizing Leg Treatment*

Enjoy an additional 15 minutes of feet and lower leg love.

45

Additional 15 Minutes Massage Time*

Why not?

25

Callus Treatment

Available on nail services only. Pamper yourself with this rejuvenating foot treatment.

Repair cracked, dry skin and reveal a silky soft finish.

15

Perfect Sense Paraffin for Hands or Feet

Nail services only. Nourish and hydrate with lavender and Swiss apple stem cells.

This aromatherapy treatment is 100% hygienic and individual.

25 each or 2 for 45

Warm Stones

Melt away the stress

25

Ayurvedic Raindrop Oil Therapy

Bring ultimate balance and relaxation to the body

using therapeutic grade essential oils.

25

Glass of Champagne

Bubbles are always a good idea

15

Bottle of Champagne

55

***Subject to availability. Due to the additional time needed, some enhancements cannot be booked if they will conflict with subsequent appointments.**



Appointments and Reservations

Appointments and Reservations

We strongly recommend that you schedule spa appointments prior to your arrival at the Spa. Reservations are subject to availability and must be guaranteed with a Hotel Confirmation Number or Credit Card.

Cancellation

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 48 hours in advance. Failure to give advance notice will result in the full charge of the service to the credit card or room.

Do You Have Special Health Considerations?

Please notify the spa if you have high blood pressure, allergies, any physical ailments or special needs that would affect your choice of services, or if you are pregnant.

Arrival

We suggest that you arrive 30 minutes before your appointment time to complete any paperwork and prepare for your service.

Late Show

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

Do You Need Help Choosing Your Treatment?

Our spa reservation experts will help you plan the perfect spa experience based on your specific needs.

Should You Shave Before A Treatment?

Shaving is not recommended prior to any body exfoliation treatments or hair removal services. We do, however, recommend that MEN PLEASE SHAVE 2 HOURS PRIOR to their scheduled facial treatment.



Is There An Age Requirement To Use The Spa?

All spa guests must be 16 or older to schedule a treatment.

Electronic Devices

To protect the privacy of our guests and enhance the experience please silence your phone.
Use of cameras is prohibited.

Payment

We accept most major credit cards and hotel guests may also charge the service to their room.

Service Charge

For your convenience a 20% service charge will be added to each spa service.
This includes compensation for spa staff gratuities.

Food & Beverage

Guests may not bring in outside food or alcohol. Beverage service is available in the spa.

Are Gift Cards Available?

Spa Gift Cards are a wonderful way to give the gift of wellness and relaxation to the special people in your life. Gift Cards may be purchased in the spa or online at WestinSarasota.com They may not be redeemed for cash; only for product and services please.

Personal Property / Valuables

Please do not bring or leave valuables in the facility or lockers. We are not responsible for any theft or loss of personal property, including jewelry or other personal items.

Thank you and we look forward to your visit.

(941) 217-4777

100 Marina View Dr, Sarasota, FL 34236

