



大人活动 Activities For Adults

时间 Time	星期一 Mon	星期二 Tue	星期三 Wed	星期四 Thu	星期五 Fri	星期六 Sat	星期日 Sun
06:50-07:50					太极课程 Tai Chi Class	太极课程 Tai Chi Class	太极课程 Tai Chi Class
09:30-10:30	中国/国际象棋 Chinese/ International Chess	网球培训 Tennis for Beginners	趣味毛巾折叠 Animal Towel Folding	★ 手绘体恤 Design a T-Shirt	桌上足球赛 Foosball Game	网球培训 Tennis for Beginners	★ 艺术插花 Flower Arranging
10:30-11:30	泳池潜水课 Diving Class	泳池潜水课 Diving Class	泳池潜水课 Diving Class	泳池潜水课 Diving Class	泳池潜水课 Diving Class	泳池潜水课 Diving Class	泳池潜水课 Diving Class
15:30-16:30	乒乓球 Table Tennis	★ 游泳授课 Swimming Class	泳池篮球 Pool Basketball	台球 Billiards	飞镖赛 Dart Competition	★ 游泳授课 Swimming Class	草坪游戏区 Beach Lawn Games
17:20-18:20	瑜伽课程 Yoga Class	沙滩排球 Beach Volleyball	瑜伽课程 Yoga Class	泳池排球 Pool Volleyball	瑜伽课程 Yoga Class	沙滩排球 Beach Volleyball	瑜伽课程 Yoga Class

儿童活动 Activities For Kids

09:30-10:30	魔术气球 Magic Balloon	卡通纹身 Washable Tattoos	卡片制作 Make a Card	贝壳彩绘 Shell Painting	记忆大比拼 Memory Competition	★ 艺术插花 Flower Arranging	亚龙湾海盗 Pirates of Yalong Bay
10:30-11:30	★ 首饰制作 Make Ornaments	动物大讲堂 Local Wildlife Class	魔术气球 Magic Balloon	丢沙包 Beanbag Game	魔术气球 Magic Balloon	巧手折纸 Origami	★ 蛋糕制作 Bake Cakes
11:30-12:30	高尔夫课程 Golf Class	★ 手绘体恤 Design a T-Shirt	海南话课程 Hainanese Language Class	儿童水疗 Kids Spa	动物大讲堂 Local Wildlife Class	海南话课程 Hainanese Language Class	动物大讲堂 Local Wildlife Class
13:00-15:00	儿童影院 Movie Time						
15:30-16:30	★ 巧克力制作 Make Chocolate	呼啦圈比赛 Hula Hoop Challenge	★ 儿童游泳授课 Swimming Class	★ 烘烤饼干 Bake Cookies	★ 手绘脸谱 Paint a Mask	手指木偶 Finger Puppets	★ 儿童游泳授课 Swimming Class
16:30-17:30	植物博士 Local Plant Life Class	风筝制作 Make a Kite	沙雕城堡 Build a Sand Castle	植物博士 Local Plant Life Class	亚龙湾海盗 Pirates of Yalong Bay	植物博士 Local Plant Life Class	风筝制作 Make a Kite

免费游戏区：套圈、门球、羽毛球。 Complimentary Games Area: Hoopla, Croquet, Badminton.

海边草坪
Beach Lawn

双层泳池
Two-tiered Pool

畅园儿童俱乐部
Kids Club

沙滩
Beach

★ 付费项目
Charged

以上所有活动敬请提前预订。欲了解详情及预订,请拨打“为您服务”

Please book all activities in advance. For further details and bookings, please contact "At Your Service"

参加规则 Rules of Participation

- 小朋友参加儿童俱乐部活动期间,家长必须身处酒店。 Parents are requested to remain on property while the kids are in the kids club.
 - 4岁以下小朋友必须由成人陪同。 For kids below the age of 4 years old must be accompanied by an adult at all times.
 - 以上所有活动仅限住店客人。 All of the above activities are for hotel guests only.
 - 参加活动者安全责任自负。 Participation is at their own risk.
 - 以上所有活动视实际情况而定,敬请提前预订,欲了解详情及预订,请前往畅园-儿童俱乐部或致电分机: 6393.
- All activities are subject to availability, please book in advance. For further details and bookings, please visit or contact the Kids Club at ext. 6393.

