

THE MEADOWS RESTAURANT

EAT WITH A SOUTHERN ACCENT
2020



STARTERS

VIDALIA ONION SOUP GRATINEE	7	CHARCUTERIE, REGIONAL & LOCAL CHEESE BOARD	18
HANDCRAFTED DAILY SOUP	5	assortment of cured meats, cheeses, olives, spreads	
SHRIMP & GRITS gf	12	& everything lavash flatbread	
andouille sausage, benton's bacon, weisenberger		BAKED PIMENTO CHEESE	9
mills yellow grits, pepper jack cheese, cilantro oil		benton's country ham, cheddar and pepper jack, cheese	
REGIONAL & LOCAL CHEESE BOARD	12	crostini's & vegetables	
j&j Farms honey, smoked onion jam, everything lavash		FRIED GREEN TOMATOES	10
		ziegenwald goat cheese, green goddess dressing, spicy chow chow	



Includes 2 Sides

PASTURE

8OZ BEEF SIRLOIN	28
12OZ NY STRIP STEAK	35
7OZ FILET MIGNON	39
12OZ RIBEYE STEAK	34
red onion marmalade, steak butter gf	
JOYCE FARMS SOUTHERN	26
FRIED CHICKEN BREAST	
j&j farms honey marinade, chow chow, buttermilk dressing, benton's bacon	

GREENS & GRAINS

CAESAR SALAD	7
crisp romaine hearts, shaved parmesan cheese, croutons, caesar dressing	
TENNESSEE WEDGE SALAD	7
cherry tomato, smoked farm egg, ziegenwald farms goat cheese, benton's bacon, house made buttermilk ranch	
MEADOWS LOCAL GREEN SALAD	7
local organic greens, radish, carrot, cucumber, tomato, candied pecans, and your choice of dressing	
SOUTHERN COBB SALAD	13
crisp romaine hearts, grilled chicken, benton's bacon, tomatoes, smoked farm egg, pimento cheese, crispy chickpeas, house made buttermilk ranch	

Salad Enhancements

grilled chicken +6
blackened shrimp +7
roasted salmon +8



DOCKS

Includes 2 Sides

BLACKENED NORTH gf	24
CAROLINA CATFISH	
peach-balsamic reduction	
PECAN DUSTED NORTH	27
CAROLINA TROUT	
warm spring pea vinaigrette	
HOUSE SPICE gf	29
ROASTED SALMON	
spring vegetable vinaigrette	



SIDES... 6

SWEET POTATO PUREE gf
SPICY TOMATO QUINOA gf
BENTON'S BACON HARICOT VERTS gf
YUKON GOLD MASHED POTATOES gf
MAC & CHEESE, GRUYERE & PARMESAN

SAUTEED BROCCOLINI gf
STEAMED BROWN RICE gf
CHEDDAR GRITS gf
SUBSTITUTE HOUSE/CAESAR SALAD +2 gf

HOUSE MAINS

SEARED SCALLOPS & SHRIMP	29
butternut squash ravioli, zeigenwald farms goat cheese sauce, wilted spinach, marinated tomatoes	
ORECCHIETTE PASTA PRIMAVERA	16
Grilled chicken, roasted zucchini, squash, tomato, peppers, white wine, fresh herb, butter	
SOUTHEAST FAMILY FARMS PORK TENDERLOIN gf	26
whole grain mustard demi-glace, spicy tomato quinoa, black-eyed pea relish	
FIRE ROASTED POLENTA CAKE gf	20
blackened tofu, roasted vegetables, pesto oil, balsamic reduction	

SWEETS... 7

BOURBON PECAN PIE
PINEAPPLE BREAD PUDDING
whiskey infused whipped cream
FLOURLESS CHOCOLATE TORTE gf
HIGH ROAD ICE CREAM & SORBET gf
burnt bourbon sugar
brown butter praline
red berry sorbet
CHOCOLATE & VANILLA ICE CREAM gf

WE ARE REGIONALLY INSPIRED & LOCALLY PRODUCED AS WE PROUDLY SUPPORT:
 Depot Street Brewery · Highland Brewing Co. · Post Modern Spirits · J&J Farms Honey
 Joyce Farms · Benton's Country Hams and Bacon · Ziegenwald Farms
 Southeast Family Farms · Southern Culture Appalachian Produce · Abingdon Olive Oil Co.
 Weisenberger Mills · High Road Creamery

Gratuity & tax not included - 18% Gratuity will be added to parties of 8 or more. Please let us know of any dietary preferences or food allergies we should be aware of in the preparation of your meal. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

MeadowView Conference Resort and Convention Center 1901 Meadowview Parkway Kingsport TN 37660 423-578-6600