



BREADS & GRAINS

MCCANN'S IRISH STEEL CUT OATMEAL 10

Banana, Pecans, Local Honey

HOMEMADE GRANOLA YOGURT PARFAIT 11

Low-Fat Yogurt, Berries, Local Honey

SMOKED SALMON & BAGEL 18

Tomato, Red Onions, Capers, Cream Cheese
Extra Cream Cheese 2

THE WESTIN CONTINENTAL 18

Seasonal Fruits & Berries, Choice of Two: Danish or Muffin, Choice of Juice, Starbucks Coffee or Hot Tea

FROM THE GRIDDLE

BELGIAN WAFFLE 15

Fresh Strawberries, Whipped Cream, Local Pure Maple Syrup

BUTTERMILK PANCAKES 14

Whipped Butter, Local Pure Maple Syrup

FRENCH TOAST 15

Fresh Berries, Local Pure Maple Syrup

WESTIN EAT WELL

At Westin, we believe that feeling good starts with eating well and getting the nourishment that is right for you. We seek to empower choice by crafting a variety of food and beverage offerings to suite your individual dietary needs and preferences

BREAKFAST OVERNIGHT OATS 12

Greek Yogurt, Almond Milk, Apples, Raisins

ACAI BOWL 12

Acai Sorbet, Almond Butter, Bananas, Strawberries

YOGURT BOWL 12

Hemp Seeds, Cocoa Nibs, Peanut Butter Powder, Bananas

WESTIN FRESH BY THE JUICERY 10

Westin Fresh By The Juicery Offers A Menu Of Nourishing, Revitalizing Juices And Smoothies Curated By The Experts At The Juicery

Blueberry, Banana, Soy Milk, Yogurt Smoothie

Mango, Blueberry, Avocado, Almond Milk Smoothie

Beet, Carrot, Kale, Apple, Lemon, Ginger, Juice

Orange, Grapefruit, Lemon, Lime, Juice

BEVERAGES

Freshly Brewed Starbucks Coffee	5
Regular, Decaffeinated	
Starbucks Cappuccino	6
Regular, Decaffeinated	
Starbucks Espresso	5
Regular, Decaffeinated	
Tazo Tea Selection	5
Iced Tea	3
Icelandic Water	6
Sparkling or Still	
Juice	5
Orange, Grapefruit, Apple, Pineapple, Cranberry, Tomato	
Milk-Choice	4
Whole, Skim, 2%, Soy, Almond, Chocolate	
Assorted Pepsi Soft Drinks	3

FARM FRESH EGGS

The Entrees Below are Served with Breakfast Potatoes, and Your Choice of White, Whole Wheat or Rye Toast

***THE COMPLETE AMERICAN BREAKFAST 20**

Three Cage Free Eggs Prepared Any Style, Choice of Applewood Smoked Bacon, Ham, Pork or Turkey Sausage, with Your Choice of Juice and Starbucks Coffee or Hot Tea

***THREE EGG OMELET OR EGG WHITE OMELET 20**

Choose up to Three of the Following:
Vegetables: Mushrooms, Spinach, Peppers, Tomatoes, Onions, Broccoli
Meats: Applewood Smoked Bacon, Ham, Pork or Turkey Sausage
Cheeses: Cheddar, Swiss, Pepper Jack, Feta, American

***EGGS BENEDICT 19**

Poached Eggs, Smoked Ham, English Muffin, Hollandaise Sauce

***STEAK AND EGGS 23**

6oz New York Strip Steak, 2 Eggs Any Style

SIDES

Breakfast Potatoes	5
Breakfast Meats-Choice	5
Smoked Applewood Bacon, Pork Sausage, Turkey Sausage, Ham	
Assorted Cereals	8
Bananas or Berries	
Morning Breads-Choice	3
Croissant, Danish, Toast, Muffin	
Low Fat or Greek Yogurt	4
Bagel with Cream Cheese	6
Seasonal Fruit & Berries	9

THE WESTIN
RESTON HEIGHTS

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**May contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness; especially if you have certain medical conditions. 18% Gratuity will be added to parties of 6 or more.