



Fish Cake Benny

Salt cod fish cakes, wilted spinach, poached eggs, Applewood smoked bacon, hollandaise sauce 16

Eggs

Two fresh eggs, any style, bacon or sausage, toast 14

Kimchi Omelet

Kimchi, spring onion, charred leeks, maritime mushrooms, house made honey siracha 15

Eggs Benny

Poached eggs, toasted buttermilk biscuit, hollandaise sauce

Choice of Applewood smoked bacon, peameal bacon, maritime mushroom & spinach, or salmon gravlax 15

Steak & Eggs

Butcher's cut 6oz steak, 2 eggs any style, roasted Portobello mushroom, crispy pickled onions, chimichurri sauce 22

Breakfast Sandwich

House made sausage pattie, free range egg, Oultons smoked bacon, tomato jam, Dutchman's Gouda, toasted multigrain croissant 14

Nova Scotia Salted Cod Fish Cakes

Skillet BBQ baked beans, cajun hollandaise poached eggs 15

Salmon Gravlax Bagel

Pickled shallots, whipped beet goats' cheese, sunny side up egg 16

Above breakfasts include choice of herb roasted baby red potatoes, organic Four Seasons Farm greens, or fresh fruit

Pancakes

Ricotta and lemon pancakes, blueberry compote, whipped maple butter 15

French Toast

Vegan sourdough bread, coconut batter, brûlléed banana, salted maple, coconut cream 15

Sweet Potato & Summer Vegetable Hash

Crispy tofu, maple miso, avocado mousse 15
Or Pulled duck confit, maple, miso, avocado mousse, poached egg 18



Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies created by the expert at The Juicery

Chocolate Tahini Shake

Tahini, cocoa powder, Medjool dates, sea salt cardamom 9

Mango Smoothie

Coconut water, mango, cilantro, spinach 9

Lavender Honey Lemonade

Fresh squeezed lemon juice, lavender honey syrup 9

Melon Turmeric Juice

Honeydew melon, pear, lemon, turmeric 9

On the Side

- Sausage pattie 4
- Oultons smoked bacon 4
- Salmon gravlax 4
- Free range egg 4
- Roasted potatoes 4
- Four Seasons greens 4

EAT WELL MENU

Our Chef has crafted these delicious dishes with your wellbeing in mind, giving you the freedom to choose when it comes to portion size, nutritional balance and quality of ingredients

Grilled Peach

Yogurt, granola
half 5| full 10

Chia Seed, Coconut & Banana Pudding

Fresh berries, maple half 5| full 10

Sweet Cottage Cheese Toast

Blueberries, flax seeds, sourdough
half 6| full 11

OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible

