This Is Where You Belong

Sheraton Hotels are where the world comes together, and now we want to show the world all the amazing things to experience in beautiful Montreal. Take in the best of the city from our contemporary haven in a perfect location in the heart of downtown, where you will find 825 spacious guest rooms with comfy pillowtop mattresses, 36,000 square feet of contemporary event spaces, and a range of thoughtful amenities. Once settled, take to the streets and use this guide to explore what makes Montreal one of Canada’s most cultured and colourful cities.
Family Fun

Montreal Science Centre
Make amazing discoveries at the Montreal Science Centre. This innovative and interactive experience lets kids play as they learn with hands-on games and experiments. The venue is also home to an IMAX theatre.

The Montreal Observation Wheel
Ride high above the city and enjoy breathtaking views on the state-of-the-art La Grande Roue de Montréal. The climate-controlled gondolas keep you warm in the depths of winter and cool in the height of summer.

SOS Labyrinthe
Rain or shine, lose yourself in the tricky two-kilometre maze as you seek our four treasures of the longshoremen. Tackle obstacles and traps and challenge your family and friends in this fun activity.

Grévin Montréal Museum
Come face-to-face with your favourite actors and celebrities at the Grévin Montréal Museum, a waxwork museum located in Montreal Eaton Centre.

La Ronde
From extreme multi-loop rollercoasters to more sedate, kid-friendly rides, La Ronde is set on the former Expo 67 site and is the largest amusement park in Quebec.

Space for Life
Situated in Montreal’s Olympic Park, Space for Life is a collection of the city’s best natural history museums and experiences including the Biodôme, Insectarium, Botanical Garden and Planétarium Rio Tinto Alcan.

Pointe-à-Callière Museum
Situated where the city was first born, Pointe-à-Callière Museum is Montreal’s main museum of archaeology and history. It features artifacts from the First Nations and exhibits that show how the cultures coexisted before and when the French and British arrived.
Quality Time Together

Spa Bota Bota
A day at Spa Bota Bota will leave you literally floating. Montreal’s only outdoor spa set on the St. Lawrence River, take some “you time” to soak decadently in steaming hot baths and saunas, enjoy a couple’s massage, share a platter and revel in this unique, relaxing setting.

Explore Diverse Neighbourhoods
From the Bohemian centres to multicultural hot spots, get out and stroll Montreal’s unique neighbourhoods. No matter the season, the city is awash with colour from Griffintown to Mile End, the result of the annual Mural Festival that brings the world’s best street artists to the back streets around Saint-Laurent Boulevard, the city’s main artery.

Montreal Museum of Fine Arts
The Montreal Museum of Fine Arts is the city’s largest museum. It features classical and contemporary arts, fashion and textiles, jewelry, glass and ceramics, with masterworks by Renoir, Rodin, Rembrandt, El Greco, Toulouse-Lautrec, Degas and Edouard Vuillard.

Notre-Dame Basilica
No matter your religious beliefs or persuasion, you will be awed by the beauty and majesty of the historic Notre-Dame Basilica. Located by Saint-Sulpice Seminary Place d’Armes, it is renowned for its stunning Gothic Revival architecture and the opulent golds and blues of its intricate altar.

Mount-Royal
Towering over the city, Mount Royal is the hill that earned Montreal its name. Mount Royal is a great escape from the city with hiking in summer and snowshoeing and ice-skating in winter.

Montreal Symphony Orchestra
Spend date night together in style at a performance by the Montreal Symphony Orchestra, the city’s premier orchestra in the Montreal Symphony House at Place des Arts.

Montreal Botanical Garden
Get back to nature at the Montreal Botanical Garden, part of Space for Life, a parkland that includes the city’s planetarium and iconic Biodôme. Throughout the year, you can view special exhibits like the annual Gardens of Light display that happens each autumn.

It may be the French influence, but couples are sure to sense the romance in the air in Montreal. Explore the city together, and enjoy indulgent spa treatments, classical performances, arthouse galleries and dinner in one of the city’s world-class restaurants.
Mixing Business With Pleasure

Place Ville Marie
A major point of entry to the Underground City, Place Ville Marie (adjacent to the hotel) consists of four skyscrapers housing major corporate headquarters above the ground, and a system of tunnels with some of the city’s best shopping, a subterranean garden and new immersive culinary experiences at Le Cathcart Restaurants et Biergarten.

Sainte-Catherine Street
Sainte-Catherine Street is one of Montreal’s main shopping streets, running parallel with RÉSO, the Underground City. It’s a centre for fashion and dining.

McCord Museum
The McCord Museum is a museum that celebrates Montreal’s past and present life. It is located next to McGill University.

Le Furco
This former fur warehouse on Mayor Street has been converted into a hip bar and kitchen that is ideal for networking, post-meeting drinks or just getting a taste for the latest local flavours.

Old Port
The Old Port of Montreal on the Saint Lawrence River is a revitalized hub of activity with restaurants, bars, high-ropes courses, mazes and, in winter, ice-skating.

Phi Centre
Dedicated to art in all its forms. Phi is an art space at the intersection of art, film, music, design and technology. From VR to sculpture to dance, you’ll find inspiring, thought-provoking and engaging entertainment that often defies explanation.

MELK Café
Wholesome bowls, freshly ground, responsibly sourced beans, a delicious brew of your favourite coffee style and its location next door to the hotel make MELK a great place to start your day or to escape from a boardroom.

Just because you’re visiting Montreal for work doesn’t mean you can’t get out and experience its best parts. Luckily, Le Centre Sheraton Montreal Hotel positions you central to intriguing old-world bars and restaurants, galleries, shopping precincts and attractions that will introduce you to this treasured Canadian destination.
Unforgettable Events

Igloofest
Attracting top DJs, VJs and EDM, this annual outdoor music festival takes place at the Old Port each winter, drawing thousands of dance and electro fans.

Formula 1 Grand Prix
The world comes together for one of Canada’s largest sporting events, the Canadian Grand Prix. This event attracts the champions of motorsport who race around the Circuit Gilles Villeneuve on an island in the St. Lawrence River.

Francofolies
From rock to funk to folk, Francofolies is the city’s annual music festival devoted to popular songs sung in French. It attracts over 1,000 French-language performers with a combined audience of over 500,000 revelers.

The Montreal International Jazz Festival
The world’s largest jazz festival features over 3,000 artists with more than 650 concerts and outdoor performances.

Just for Laughs Festival
Canada’s world-renowned comedy festival is held every July, bringing some of the best and up-and-coming comedians from around the globe.

Osheaga
Featuring the cream of current hit artists and indie performers, the Osheaga Music and Arts Festival is a multi-stage, multi-day music festival held every summer at Parc Jean-Drapeau on Saint Helen’s Island.

Montreal Pride
Celebrate inclusion and diversity with pride at Montreal’s largest parade that invites participation and brings the world together.

Flawless summers and snowy winters may colour your seasonal experience, but at any time of the year, Montreal plays host to outdoor markets, touring artists, music festivals and culinary celebrations.
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