

Plated Breakfast, Breaks & Lunch Banquet Menu

Minimum of 10 guests. Prices are per person, unless otherwise specified.



London

Breakfast

All breakfasts are served with freshly brewed coffee and tea and orange juice.

Continental Breakfast... Fresh fruit and berries, individual yogurt cup, muffin, and mini croissant. \$ 15.00

Four Points Breakfast... Two scrambled eggs (dairy free) with 3 slices of bacon, home-fried potatoes, 2-slices multigrain toast & a bowl of fruit salad. \$ 20.00

Western Omelet... Two egg Omelet (*contains dairy*) with peppers, onions, and ham. Includes home-fried potatoes, three slices of bacon, two slices multigrain toast and a bowl of fruit salad. \$ 21.00

Breaks and A la Carte:

Afternoon Tea

Two mini scones and whole fruit with freshly brewed coffee, decaffeinated coffee & tea..... \$ 10.00

Energizer Break

Parfaits- yogurt, granola & assorted berries, oatmeal cookies on the side with freshly brewed coffee, decaffeinated coffee & tea..... \$ 12.00

Beverages

Coffee, decaffeinated coffee, tea 10 cups \$ 25.00
Coffee, decaffeinated coffee, tea 40 cups. \$ 90.00
Coffee, decaffeinated coffee, tea 60 cups. \$ 120.00
Coffee, decaffeinated coffee, tea 80 cups. \$ 160.00
Dole fruit juice assorted bottles..... \$ 3.25
Assorted canned soft drinks. \$ 2.95
Aquafina..... \$ 3.25
Montpellier... .. \$ 3.25
Perrier \$ 3.25

A la carte

(10 person minimum)

Whole fresh fruit..... \$ 3.00
Individual fruit yogurt. \$ 2.50
Parfait – yogurt, fresh berries, and granola \$ 6.00
White Cheddar Popcorn..... \$ 2.50
Large Chocolate Chunk Cookie \$ 3.00
Two-Bite Brownies (280g/bag) \$ 6.00
Two-Bite Coconut Macaroons (280g/bag) \$ 6.00
Assorted muffin..... \$ 3.00
Warm cinnamon bun..... \$ 4.00

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Lunch

All lunches are served with freshly brewed coffee and tea and assorted canned soft drinks. Lunch served until 3pm.

Four Points Deli.... One deli sandwich per person served with Chef's pasta salad & garden salad with balsamic dressing.

Choice of: Turkey and Swiss on cranberry baguette **OR** Ham and Cheddar with mustard on soft wheat ciabatta.

All sandwiches are made with lettuce, sliced tomato and mayonnaise\$ **19.00**

A Taste of Italy.... Buttered penne noodles with house-made tomato sauce, peppers, onions, fresh herbs, and grilled chicken.

Includes garden salad with Italian dressing and Ciabatta Bun \$ **23.00**

Tex Mex.... Baked enchiladas served with a side of sour cream and fresh Pico de Gallo & Mexican Mango coleslaw with a cilantro-lime dressing. Enchiladas are 12" flour tortillas filled with your **choice of grilled chicken or shredded beef** mixed with nacho cheese, mexi-rice, refried beans, sautéed peppers & onions. Served with a zesty tomato sauce, smoked cheddar cheese and crispy tortilla strips.....\$ **25.50**

Pacific Rim - Sweet Chili Chicken with peppers, and onions. Includes sautéed vegetables, fried rice, and (2) vegetable spring rolls with plum sauce. Served with Wonton soup (*pork*)\$ **25.00**

The Bar-B-Que.... Grilled boneless chicken breast with whiskey BBQ Sauce. Served with smokey mac and cheese, fresh-cut fries, baked beans, and cornbread. Includes garden salad with ranch dressing.\$ **25.00**

Meal Add On's & Extras (per person)

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| Soup of the Day..... | \$ 5.00 |
| Peach & White Chocolate Bread Pudding with caramel sauce..... | \$ 5.00 |
| Warm Apple Crisp with ice cream..... | \$ 5.00 |
| New York Cheesecake & Bumbleberry coulis. | \$ 8.00 |
| Grand Marnier Crème Brûlée. | \$ 8.00 |
| White Cheddar Popcorn..... | \$ 2.50 |
| Chocolate Chunk Cookie | \$ 3.00 |