

# good morning

## Choose a little, choose a lot

### The Morning Express

A fine selection of in-house baked goods, hot & cold cereal, fresh fruit, variety of grains, yogurt, domestic cheeses, assortment of juices Adult 13.95 Child 7.95

### Buffet

Enjoy the Morning Express Bar, plus a selection of hot entrees Adult 17.95 Child 9.95

## Power Up

### Colors Classic

Two eggs any style, baby red potatoes, choice of house made bacon, ham or sausage choice of toast 16

### Breakfast Tacos

Chorizo sausage, scrambled egg, cheese, pico de gallo, baby red potatoes 16

### Sirloin Steak and Eggs

A 6 oz. sirloin steak served with two eggs any style, toast, baby red potatoes 19

### Grilled Breakfast Panini

Farm fresh eggs, house smoked bacon, cheese, tomato, cheddar bread, baby red potatoes 15

### French Onion Grilled Cheese

Cave aged gruyere, housemade bacon, caramelized onions, au jus, baby red potatoes 15

## Omelettes

Three farm fresh eggs served with baby red potatoes, and toast. Choose from:

### Greek

Tomato, black olives, peppers, onions, feta cheese 16

### Chopped Steak & Mushroom

Alberta rib steak, mushrooms, onion, roasted red pepper, Swiss cheese 17

### Roast Turkey

Egg whites, roasted turkey breast, whipped ricotta, bell peppers, spinach 18

### Californian

Hass avocado, pepperjack cheese, pico de gallo 17

### Ham & Cheese

Smoked ham, cheddar cheese 15

Egg whites available on request

## Breakfast Favorites

### Blueberry Pancakes

White chocolate, lemon zest, wild blueberries with your choice of bacon, ham or sausage 15

### Healthy Start

Mueslix, Bran Flakes, or Special K served with a single poached egg, cottage cheese, and fresh sliced fruit 14

### Seasonal Fresh Cut Fruit Plate

Selection of fresh fruit, cottage cheese, banana bread 14

### Steel Cut Oatmeal

Sundried raisins, cinammon, pecans 7

### Yogurt Parfait

Vanilla yogurt, seasonal berries, granola 8

### Chia Seed Pudding

Almond milk, coconut, banana, strawberry, nuts and seeds 9

### Smoked Salmon

Applewood smoked salmon, whole wheat bagel, whipped ricotta, pickled red onion, crisp capers 17

## The Benny Bar

### The Traditional

Ham, poached eggs, hollandaise, baby red potatoes 16

### Atlantic Seafood

Smoked salmon, poached eggs, crab meat, hollandaise, cucumber salsa, dill, baby red potatoes 18

### Avocado Smash

House made bacon, avocado, tomato, poached eggs, hollandaise, baby red potatoes 17

### Mushroom and Brie Melt

Wild mushrooms, triple cream brie, poached eggs, hollandaise, baby red potatoes 17

## The Side Plate

Two eggs 5

Bacon, ham or chicken sausage 5

Cold cereal 4

Fresh fruit cup 5

Toast 3.5

Sliced tomato 3

Breakfast pastry 4

## Beverages

Coffee, tea or hot chocolate 3.00

Assorted chilled juices 8oz 3.00 12oz 3.50

2%, skim or chocolate milk 8oz 3.00 12oz 3.50