



lunch

LIGHT STARTS

SOUP OF THE DAY 5

QUESADILLA ROLL

flour tortilla, mushrooms, fresh spinach, mozzarella, lemon crème, samba aioli 10.50

with chicken 12.50

with steak 14

CRISPY CALAMARI

dusted with seasoned flour, spicy marinara sauce, lemon aioli 12

CAPRESE

mozzarella, heirloom tomato, fresh basil, balsamic glaze 5

SHRIMP KABOB

onion, green and red pepper, cajun seasoning 7

CHICKEN LETTUCE WRAPS

ponzu marinade, carrots, garlic, ginger, sriracha 6

SALADS

SUNSHINE CITRUS

apples, grapes, strawberries, cucumber, tomato, carrots, red onion, romaine lettuce, lemon squeeze, olive oil 13

with blackened chicken 16

CALIFORNIA COBB

grilled chicken, roma tomatoes, applewood bacon, hass avocado, egg, crumbled blue cheese, blue cheese dressing 14.50

POWER SALAD

spinach, kale, quinoa, beets, carrots, garbanzo beans, sliced apple, feta cheese, pecan, raspberry vinaigrette 14

with grilled chicken 16

with grilled salmon 19

ZUCCHINI AND QUINOA

zucchini noodles, chopped kale, red quinoa, julienne red peppers, snow peas, mango, almonds, ginger peanut dressing 12

PASTA

VEGAN RAVIOLI

sautéed mushrooms, red pepper coulis, fried crispy onions 18

FLORENTINE RIGATONI

diced chicken breast, spinach bell peppers, mushroom, feta cheese pomodoro, parsley, fried basil leaf 17

PESTO PAPPARDELLE

grilled chicken, heirloom tomato, basil, creamy pesto sauce 16

BAKED RUSTIC PENNE

shrimp, chicken, pancetta, parmesan cream marsala 19

PIZZA PLATES

TOPPINGS

pepperoni, italian sausage, bacon, mushrooms, onions, pineapple, ham, tomatoes, jalapenos, black olives, green peppers, feta or goat cheese

CHEESE

7-inch 8

12-inch 14

THE WORKS

choose up to five toppings

7-inch 10.50

12-inch 16

ADDITIONAL TOPPINGS

7-inch 1.50

12-inch 2

SANDWICHES

all sandwiches come with a choice of french fries, green salad or fresh fruit

FALAFEL PITA

lettuce, tomato, onion, cucumber, feta, tzatziki 13

THE CLUBHOUSE

turkey, bacon, avocado, lettuce, tomato, swiss cheese, on sourdough toast 12

BEER BATTERED FISH TACOS

mango salsa, pickled cabbage, samba aioli 12

STEAK PANINI

thinly sliced rib-eye steak, balsamic glazed onions, roasted red peppers, mushrooms, swiss cheese, focaccia 14

CHEESEBURGER

grilled 8oz angus beef, lettuce, tomato, red onion, dill pickle, choice of cheese 13